

"Taking a Break" --- by Lorelei Pepe

It's summertime and we have been feeling it with our heat waves, but we are blessed we also experience the cooler days in summer, whereas other places have this oppressive heat for months.

I think August is a good time to take a short break for me from my writing. This will give me time to relax, recharge my batteries and reflect. I hope many of you can take some time and do that. Find a place in your heart and mind to focus on God. Take it to him in prayer and find your happy place. Find a quiet space, whether at the shore, or the park or even your backyard. God is everywhere, remember that!

So with that said I will leave you with a few verses to ponder from the great Dr. Norman Vincent Peale.

"Jesus is the greatest teacher of happiness the world ever knew. Take HIM into your heart, into your mind, and you will sing a song of joy always. "

"Go at Life with abandon, give it all you got, And life will give all it has to you."

"Ask for what you want, but be willing to take what GOD gives you, It may be better than what you ask for."

"Stand up to your obstacles and do something about them. You will find that they haven't half the strength you think they have."

"How you think about a problem is more important than the problem itself, so always think positively."

"If you have zest and enthusiasm, you attract zest and enthusiasm. Life does give back in kind."

So think about these verses and reflect on them too. Remember to be kind and keep praying and share his Love. God will keep us together!

Amen.